



Model is for illustrative purposes only.

# TREATMENT EXPLAINED

This brochure is for patients who have been treated with BOTOX® (botulinum toxin type A). Your healthcare provider has discussed treatment options with you, including the suitability of BOTOX® for your profile, which you have chosen as your treatment option. This brochure is intended to provide educational information for your condition following a consultation.

Please refer to the Patient Information Leaflet included in the product pack.

**THE ONE AND  
ONLY ORIGINAL**

**BOTOX®**  
Botulinum Toxin Type A

**Allergan  
Aesthetics**  
an AbbVie company

# WRINKLES DEFINED<sup>1,2</sup>

Wrinkles often appear on our forehead and around our eyes when we smile or frown.

These lines appear because our muscles contract to form different facial expressions. Over time, these expression lines begin to linger a little longer or become a little deeper, even when the face is at rest.



Model is for illustrative purposes only.

# HOW BOTOX® TREATMENT WORKS

BOTOX® treatments work by temporarily relaxing facial muscles that cause wrinkles and lines when you smile or frown.<sup>3,4</sup>

The treatment relaxes the muscles beneath the lines where product has been injected and the muscles responsible for other aspects of your facial expression stay active.<sup>5</sup> If you have no further treatments, the muscles return to normal and lines gradually go back to how they looked before treatment.<sup>5</sup>

As it is a prescription-only medicine, BOTOX® treatment is only available from qualified medical professionals.<sup>4</sup>

It's important to know that BOTOX® is not a general term that describes all botulinum toxins. BOTOX® is a specific brand that your clinician has prescribed for you.<sup>4</sup>

**BOTOX® injections can be used to treat crow's feet lines, forehead lines and the vertical frown ('glabellar') lines between the eyebrows.<sup>3,4</sup>**



Know the product  
you've been treated with.  
This is what the BOTOX®  
vials looks like.

# TYPES OF FACIAL LINES

## GLABELLAR LINES

Glabellar lines are vertical lines that appear between your eyebrows when you frown.<sup>6</sup>



## CROW'S FEET LINES

Crow's feet are lines that radiate from the corners of your eyes.<sup>6</sup> They are particularly pronounced when people squint or smile.<sup>6</sup>



## FOREHEAD LINES

Forehead lines are horizontal lines that form when you raise your eyebrows.<sup>6</sup>



Patient has been treated with BOTOX®. Treatment results may vary between patients.

Images courtesy of Allergan Aesthetics

## WHAT DO TREATMENTS INVOLVE AND WHEN WILL I SEE RESULTS?

BOTOX® treatments are quick and simple.<sup>7</sup> A small amount of BOTOX® is injected into specific facial muscles with a very fine needle.<sup>4</sup>

Typically, any pain is minimal and brief and no anaesthetic is required.<sup>7</sup> You can resume normal activities immediately and it's important to follow any post-treatment instructions your clinician gives you.<sup>7</sup>

You'll generally start to see results in 1-2 days after treatment and it can take from 7 days for full results to be seen.<sup>4,8</sup>

## HOW LONG WILL BOTOX® RESULTS LAST AND HOW DO I MAINTAIN THEM?

The effects of treatments usually last up to 4 months, depending on your treatment areas, and gradually decrease over time.<sup>4</sup> Regular BOTOX® treatments may help effects to last longer and may help to reduce static wrinkles.<sup>9</sup>

## ARE THERE ANY SIDE EFFECTS?

For the majority of aesthetic patients, any side effects usually occur within the first few days following injection and are generally temporary.<sup>3,6</sup>

Some of the frequent side effects could be headache, numbness, drooping of the eyelid, nausea (feeling sick), skin redness, skin tightness, local muscle weakness and facial pain, depending on the area treated.<sup>3</sup>

As expected for any injection procedure, pain/bleeding/irritation, swelling and/or bruising may be associated with the injection.<sup>3</sup>

If you have any concerns or for a complete list of side effects, talk to your injecting clinician.

## POST-TREATMENT

Your clinician will have reviewed with you what to expect following your BOTOX® treatment.

### To help limit complications, it is advised that you:

- Do not rub or massage the treated areas for 24 hours after treatment<sup>6,10</sup>
- Avoid excessive bending down or tiring physical exercise on the day of treatment<sup>6,10,12</sup>
- Clean your face gently after injection<sup>11</sup>
- Avoid applying make-up before, during and after treatment<sup>11,12</sup>



## ADDITIONAL INSTRUCTIONS

It is recommended that you attend a review appointment after 2 weeks so that your clinician can assess the outcome of your treatment.

## YOUR FOLLOW-UP APPOINTMENT

\_\_\_\_/\_\_\_\_/\_\_\_\_ at \_\_\_\_\_ am/pm

To follow your results and for other documentation reasons, you may be photographed and the results recorded in your confidential patient file. To maintain the benefits of your treatment, it is recommended you have a re-treatment in 4 months.<sup>4</sup>



QR code link for  
BOTOX®  
Patient Information  
Leaflet

**References:** 1. Swift A, Liew S, Weinkle S, *et al*. The Facial Aging Process From the "Inside Out". *Aesthet Surg J* 2021; 41(10):1107-1119. 2. Fagien S, Cohen JL, Monheit G, *et al*. Forehead line treatment with OnabotulinumtoxinA in subjects with forehead and glabellar facial rhytids: A phase 3 study. *Dermatol Surg* 2017; 43(Suppl 3):S274-S284. 3. BOTOX® Patient Information Leaflet (August 2024). 4. BOTOX® Professional Information (August 2024). 5. Kukreja R, Singh BR. The botulinum toxin as a therapeutic agent: molecular and pharmacological insights. *Research and Reports in Biochemistry* 2015; 5:173-183. 6. Carruthers J, Fagien S, Matarasso SL, Botox Consensus Group. Consensus recommendations on the use of Botulinum Toxin Type A in facial aesthetics. *Plast Reconstr Surg* 2004; 114 (Suppl.): 1S-22S. 7. Carruthers A, Carruthers J. Botulinum toxin type A for the treatment of glabellar rhytides. *Dermatologic Clinics* 2004; 22(2):137-144. 8. Beer KR, Boyd C, Patel RK, *et al*. Rapid onset of response and patient-reported outcomes after onabotulinumtoxinA treatment of moderate-to-severe glabellar lines. *Drugs Dermatol* 2011; 10(1):39-44. 9. Dailey RA, Philip A, Tardie G. Long-term treatment of glabellar rhytides using onabotulinumtoxinA. *Dermatologic Surgery* 2011; 37(7):918-928. 10. Small R. Botulinum Toxin Injection for Facial Wrinkles. *Am Fam Physician* 2014; 90(3):168-175. 11. Sundaram H, Signorini M, Liew S, *et al*. Global Aesthetics Consensus: Botulinum Toxin Type A—Evidence-Based Review, Emerging Concepts, and Consensus Recommendations for Aesthetic Use, Including Updates on Complications. *Plast Reconstr Surg* 2016; 137(3):518e-529e. 12. Healthline. Best Practices for Botox Aftercare. Available at: <https://www.healthline.com/health/beauty-skin-care/botox-aftercare>. Accessed 9 July 2025.

**§** BOTOX® Vacuum-dried injection. Contains botulinum toxin type A 50, 100 or 200 Units per vial.  
Registration numbers: South Africa: 27/30.4/0164; Mauritius: R8591/02/14; R8262/02/14; Namibia: 11/30.4/0206.  
BOTOX® 200 Unit is not available in Mauritius. Botulinum toxin units are not interchangeable from one product to another.  
Doses recommended in Allergan Units are different from other botulinum toxin preparations. For full prescribing information refer to the professional information approved by the medicines regulatory authority,  
accessible by e-mailing [medicalinfo.za@abbvie.com](mailto:medicalinfo.za@abbvie.com). For adverse events, report to [MEAPV@abbvie.com](mailto:MEAPV@abbvie.com). AbbVie (Pty) Ltd,  
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